



**ENSURING MEDICAL EDUCATION
AND DEVELOPMENT FOR LOW
INCOME FAMILIES EVERYWHERE.**



ABOUT MEDLIFE FOUNDATION

Medlife Foundation is a Non-Governmental Organization registered under the Bombay Public Trust Act, 1950 and 80G of the Income Tax Act 1961. Our work is in synergy with the UN Sustainable Development Goals (SDGs). It is spread across multiple domains, including health and sanitation, education and livelihood, women and child development, rural development, sports for development, and environmental protection.

Our work is to provide exposure to people from underprivileged sections of Maharashtra to innovative and sustainable solutions for healthcare services. Our efforts and activities include:

- Developing sustainable menstruation cups
- Conducting preventive health check-up camps
- Blood donation drives and school educational seminars
- Marathon runs
- CSR Seminars



- Tree plantation campaigns
- Women's forums
- Rural education camps
- Online educational webinars
- Cancer awareness and other health-check

MESSAGE FROM FOUNDER



BHUSHAN SHIRUDE
CEO & FOUNDER

Welcome to Medlife Foundation, a non-governmental organization (NGO) founded in 2016 with a mission to uplift and bring betterment in our society. Medlife is our chance to help the underprivileged, and less fortunate sections of the society and youth in our country.

As the Founder, I had always envisioned that we would soon be running a highly Successful and Well-Established Organization. Medlife Foundation has spread across Maharashtra and various other states.

We believe in providing necessary resources to needy people and empower them to make their own destiny.

Over the last six years, Medlife Foundation has handled many projects related to **Sustainable Menstruation, Healthcare Awareness Campaign, Education, Sports, and Women Empowerment** which aimed at helping the underprivileged sections of the Nation. We have always held the belief that through Innovation and Efforts, we will definitely be successful.

OUR STORY

2018

Medlife Foundation started working on Sustainable Healthcare & Women Empowerment

2021

Launched our own Design, Trademark for the initiative to Make in India and Patented (pending) the Product MEDFEM Menstrual Cup in India.

2020

Initiated a New Enterprise MEDFEM, with an initiative of promoting Sustainable Menstruation with the help of Medfem Menstrual Cups, Reusable Pads.

2017

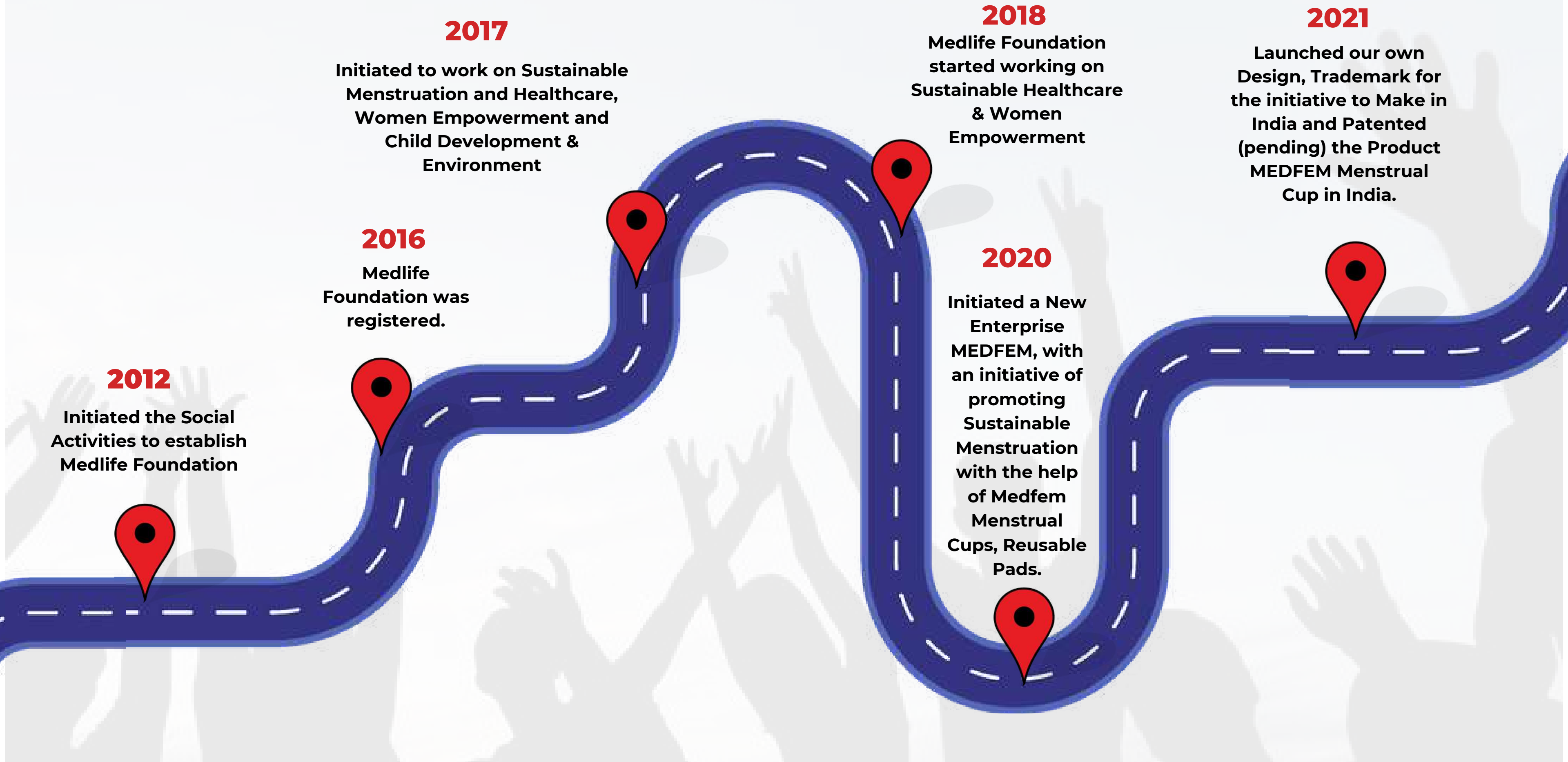
Initiated to work on Sustainable Menstruation and Healthcare, Women Empowerment and Child Development & Environment

2016

Medlife Foundation was registered.

2012

Initiated the Social Activities to establish Medlife Foundation



VISION

Transforming communities to reach their full potential through sustainable holistic development



MISSION

To improve the lives of under-served communities by providing them access to necessities, services and opportunities leading to their sustainable development

OUR CREDO

To ensure basic **Medical** and **Educational** facilities where not available for the **Development** of Low-**Income** Families.

OUR APPROACH



EMPOWERING COMMUNITIES

We empower underprivileged communities by providing access to essential services, working with local leaders to address specific needs, promoting gender equality, and supporting sustainable rural development initiatives.



STRENGTHENING SYSTEMS

We strengthen systems by identifying and addressing gaps, collaborating with others, advocating for changes, and supporting capacity-building initiatives in communities.



ADVANCING RESEARCH

We advance research by identifying key issues, partnering with researchers, using local knowledge, and using findings to inform programs, advocacy, and policy changes.

OUR GOALS

**CLEAN WATER AND
SANITATION**



**WOMEN AND CHILD
DEVELOPMENT**



**EDUCATION AND
LIVELIHOOD**



**GOOD HEALTH AND
WELL-BEING**



**SPORTS
DEVELOPMENT**



**RURAL
DEVELOPMENT**



**ENVIRONMENTAL
PROTECTION**

CORE VALUES



COLLABORATIVE EFFORT

We believe in the power of partnership and work closely with local communities, government, other NGOs, the corporate sector, especially to achieve our mission.

01



IMPACT ORIENTED

We are focused on achieving measurable results and maximising our impact, and we continuously monitor and evaluate our programs.

02



TRUST

We believe that trust is the foundation of relationships with our stakeholders and ensure transparency, reliability, and accountability in all our actions.

03



SUSTAINABILITY

We are committed to make our planet safe for the future generations and make a difference by creative innovative ideas.

04

CORE VALUES



INNOVATION

We are committed to exploring new and innovative solutions to complex issues facing India's marginalized and underprivileged communities and continuously refining and improving our programs and services.

05



EQUALITY

We strive to create a more just and equitable society by reducing discrimination and inequality and ensuring that all individuals have equal access to opportunities and resources.

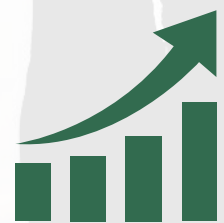
06



EMPOWERMENT

We believe in empowering marginalized communities by providing them with the resources, tools, and support they need to take control of their own lives and create positive change in their communities.

07



HOLISTIC GROWTH

We strive to create to promote overall growth and development in all aspects of life for all individuals in the communities that we serve in.

08

WHAT WE DO



Medlife Foundation strives to find effective healthcare solutions to the various problems faced by our society's underprivileged and disadvantaged people.

Our primary means of working are developing and spreading awareness about sustainable menstruation and other **healthcare practices, uplifting needy and deprived children, empowering women, promoting entrepreneurship, and protecting the environment.**



Our work is done in synergy with achieving some of the **United Nations Sustainable Development Goals (SDGs)**, which act as a blueprint to achieve a healthier and sustainable future for all.

HOW WE DO



Our work is guided by an urge to address the various challenges faced by society and tackle them with innovative solutions and education. We aspire to do our part in achieving the **UN Sustainable Development Goals (SDGs)** to make life prosperous for future generations. By taking action for SDGs, we can tackle several issues that are a part of our mission and vision.

Medlife Foundation works towards finding practical and innovative healthcare solutions to the problems faced by people who are not privileged by spreading awareness on sustainable menstruation and other eco-friendly healthcare practices. It has been actively solving issues related to **health and sanitation, women and child development, education and livelihood sports development, rural development and environmental protection.**

WHERE WE WORK



Medlife Foundation is working hard to find effective healthcare solutions to the various problems faced by our society's underprivileged and disadvantaged people and to achieve some of the UN SDGs. Currently, we are working across the length and breadth of the Indian state of **Maharashtra**.

For the past seven years, we have conducted various activities in several regions of the state. The multiple districts we have covered include **Mumbai, Navi Mumbai, Pune, Aurangabad, Jalgaon, Nashik, Raigad, and Nagpur**.

By 2024, Medlife Foundation aspires to take our efforts to other states outside Maharashtra.

AWARDS & ACCOLADES



Yuva Gaurav Puruskar 2020
1th January 2021 – Nashik



Saptarang Awards
2th June 2018 – Nanded



Samaj bhushan Awards 2020
22th January 2020 – Nandurbar



Dr. Babasaheb Ambedkar Awards
16th December 2018 – Delhi

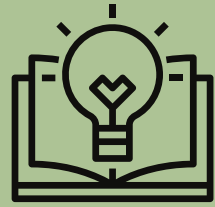


Samaj Ratna Puruskar 2021
24th October 2021 – Mumbai



Samaj Ratna Puruskar 2020
22th January 2022 – Nandurbar

OUR PROJECTS



HEALTH & SANITATION PREVENTIVE HEALTH CHECK-UP CAMPS

EDUCATION AND LIVELIHOOD DEVELOPING SCHOOLS

ENVIRONMENT PROTECTION

SPORTS DEVELOPMENT

WOMEN AND CHILD DEVELOPMENT WOMEN ENTREPRENEURSHIP

IMPROVING SANITATION

MOBILE HEALTH CHECK-UP VANS

01

02

03

04

05

06

07

OUR ACHIEVEMENTS AND BENEFICIARIES



36 volunteers inducted



118 internships completed



10 lakh rupees raised



2 new corporate partnerships created



2100 people reached through our Digital health camp



15 police station health checkup camps organized

OUR ACHIEVEMENTS AND BENEFICIARIES



2500 people reached through our menstrual health awareness campaign



1000 menstrual cups distributed



20 women reached through our women entrepreneurship workshop



38 people reached in our financial literacy campaign



18 poverty-stricken patients given medical assistance



8 awards received

MEDIA FEATURES

[illegible][illegible]

महिलांनो, या आजारांकडे दुर्लक्ष नको

घुमन हेल्प जर्नलमध्ये प्रकाशित
एका रिपोर्टनुसार, जास्तीतजास्त
महिला सहाय्यकल कॅन्सर्ची रेट
कतत नाहीत.

२०१६ मधील एका रिपोर्टानुसार,
भासात दरवर्षी ७५ हजार महिलांचा
नृत्य राधार्थकल कॅन्सरमुळे होतो.
गर्भाशयामा गृह्याचा कर्करोग हा
योनीमार्गात अव्यक्तीमुळे होतो, पण
त्या नियमितपणे सहाय्यकल
कॅन्सर्ची स्त्रींज कतत नाहीत.

एका रिपोर्टनुसार, जास्तीतजास्त
महिला सहाय्यकल कॅन्सर्ची रेट
कतत नाहीत, पण सहाय्यकल
कॅन्सरकडे दुर्लक्ष केलं, तर याचे



परिणाम वाईट होऊ शकतात.
त्यामुळे वेळेवर याची रेट करणे
आणि उपचार घेणे गरजेचे आहे.

अनेकदा योनीतून असामान्य
रक्त्वाव होतो. त्यासोयतच
शारीरिक संघर्ष ठेवतांना येदना होणे,

जंघबुडो, पाय दुखणे, थकवा, ज्वर
कमी होणे, भूक न लागणे हे लक्षणे
आइकतात.

इतर कॅन्सरप्रमाणे हा कॅन्सरसुद्धा
वेळीच माहीत झाला आणि योग्य
वेळेवर उपचार केले गेले, तर नुमचा
फायदा होऊ शकतो.

१) महिलांनी नियमितपणे
आपली रेट करावी. २) हर तीन
वर्षांनी पॅप स्मीअर रेट करायी. ३)
त्यासोयतच एचपीवी व्हायरसपासून
वचावासाठी वोय लसं घेणे. ४)
धूम्रपान न करणे, रोगप्रतिकारक
शक्ती वाढविणे, हेवटी आहार घेणे
आणि एक्ससाइज करणे.

लोकमत न्यूज नेटवर्क

नारिकः • लोकमत महामैर्यानमधे सहाभागः दोन महिला धावपटूनी सामाजिक संदेश फलक हातात घेऊन सचिचये लक्ष वेधून घेतले. अश्विनी चौमाल आणि निवेदिता पवार यांनी मासिक पाळी विषयावर जनजागृतीकरिता 'लैट्स टॉक द प्रिरीअबूट' असा फलक हातात घेतला होता. या फलकावरच मागील वास्तु महिलांवर होणाऱ्या वादल्या अत्याचाराबद्दल जनजागृतीसाठी 'हैग द रोट्टी' (बलात्कारांना फाशी द्या) असा निषेध फलक होता.

नुकत्याच हैदराबाद येथे एका डॉक्टर तरुणीवर अमनुष्य बलात्कार प्रकरणी रोष व्यक्त करण्यासाठी सदर फलक हातात घेऊन धावपटू धावत होत्या. अश्विनी चौमाल या राजीवगार येथील रहिवासी असून, एका खासगी संस्थेत नोकरी करतात. गेल्या दोन वर्षापासून त्या मासिक पाळी व त्यातील समस्येबाबत महिलांमध्ये



महामैर्यानमध्ये लोकमतच्या नियोजना आणि व्यवस्थेबद्दल त्यांनी समाधान व्यक्त केले असून, आम्ही महामैर्यान संदर्भित रनमध्ये सहभागी असून, पाच शहात होणाऱ्या महामैर्यानमध्ये

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रायझिंग स्टार्स

राजा सुनयना

उद्या, सोमवार, ता. २२ ऑक्टोबर २०१८

स्टुडंट ऑफ द वीक

रेअर कट्टा

हवाई धरार

स्पर्धा परीक्षांची माहिती

सक्सेस क्लासिक, टेक्नो वार्ता

विद्यार्थ्यांचे खासपीठ 'विन' कट्टा

वेगळं कही
देणारा तुमचा

युवारंग

महाराष्ट्राचा इतिहास, भूगोल, जनजीवन, महाराष्ट्राची परंपरा, जिल्हे, शासनाचे विभाग, महत्त्वाच्या घडामोडींची माहिती देणारे सदर 'महाराष्ट्र वार्षिकी'

उद्योजकीय
व्यक्तिमत्त
भूषण

यशोगाथा

TESTIMONIALS



Bhushan's energy to serve others is contagious. One of the youngest genuine philanthropists and social Entrepreneur I have ever met. Medlife foundation is definitely serving the humanity to a great extent, Their team has not just done social work but also have done it in a very creative way, They just don't change the financial status of whom they serve but also their emotions, dreams and most importantly they touch their soul."

Rupak Shah, Founder, Learnaur

Have known and worked with (Medlife Foundation) Bhushan and I can say with pride that he and his team are doing some great work in the field of creating awareness for Sustainable Menstruation & healthy lifestyle, Their sincerity and dedication in working with the children, youth, and senior citizens are visible in their interactions, A very vibrant and talented group of youngsters, wish you all the best Medlife foundation and its team.

Arpita Ghosh, Co-founder, Mindshakerzz, A Brilliant orator and presenter

Maximum tests are done in minimum price under the project of Medlife Foundation's Full Body Health Check-up Camp. For all the police staff we got a proper advice, guidance about eating habits, rest, yoga exercise, meditation. We hope that all the problems which are raising in police line related to health will decrease eventually.

**Datta Gawade
(Senior Police Inspector) Badlapur west**

I would like to commend Shri. Sandeep Shirude and Bhushan Shirude, two brothers from the small village of Bahal, for their remarkable achievement of establishing the "Medlife Foundation" at a young age below 25 years in 2014. The trust has been actively engaged in various social activities, such as supporting financially weak students and people from remote backward areas, organizing blood donation and medical camps, and guiding agriculturists towards modernization. I am pleased to learn that the trust has been operating effectively and has recently conducted a successful camp at the Old Age Home in Taloja, Panvel, as well as distributing clothes, utensils, and other essentials to needy people in the backward area of Palghar. Additionally, the trust has been publishing informative articles about social activities conducted by other trusts for the benefit of needy people. I wholeheartedly appreciate the efforts of the Medlife Foundation and its trustees for their dedicated work towards the betterment of society. My best wishes are with them for their future endeavors.

**Manilal Damu Nerkar Retired Chief Manager, Indian Overseas Bank.
Financial Consultant. AHN Consultants Pvt Ltd. Mulund Mumbai**

All thanks to Medlife Foundation the Checkup you provided to us, through which we get known about some deficiencies of some elements and vitamins at the initial stage. You explained us about that with their solutions. I'm really thankful for that.

**Madhukar Bhoge
Senior Police Inspector
Ambarnath East**





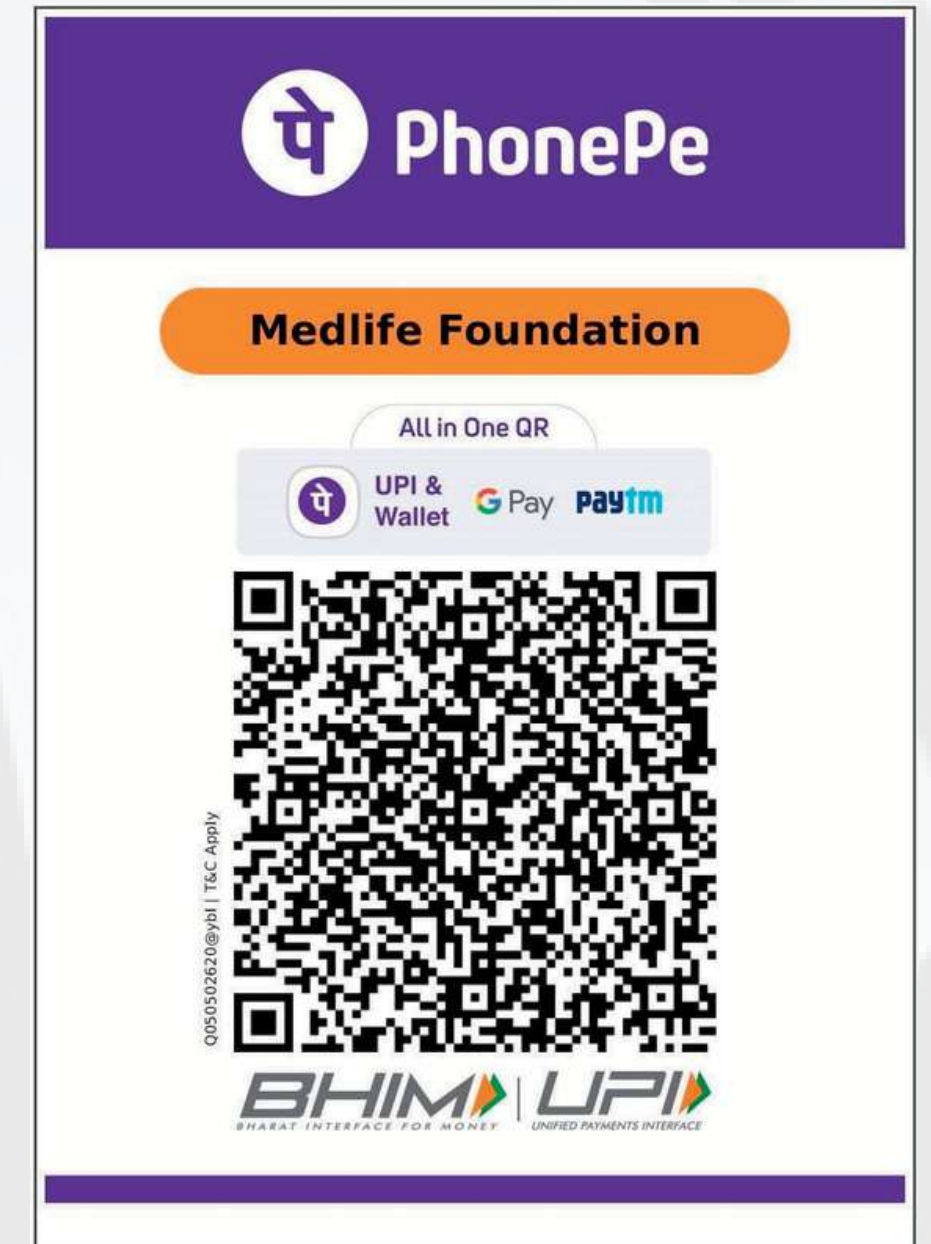
ORGANISATION PROFILE

- **Name of the Organization:** Medlife Foundation
- **Registration Acts:** Bombay Public Trust Act, 1950
- **Registration Number:** E-1487/Jalgaon
- **Date of Registration:** 04/02/2016
- **PAN No. of Organization:** AAETM4490L
- **TAN of Organization:** NSKM11204E
- **NITI Aayog UID:** MH/2017/0176221
- **12A Registration No.:** AAETM4490LE20214
- **80G Registration No.:** AAETM4490LF2021
- **CSR-1 Registration No.:** CSR00009849
- **FCRA Registration No.:** 6803052017
- **Trade Mark No.:** 3645825
- **Registered Address:** At/post: Bahal, Tal: Chalisgaon
District: Jalgaon-424106 (MH)
- **Chief Functionary:** Bhushan Pundlik Shirude
- **Contact Person Mob. No.:** +91-8275320465/+91-7588646699

BANK DETAILS & UPI

Bank A/c Name : Medlife Foundation
Account Number : 06181040000918441
IFSC Code : BKL0000531
Type of A/c : Saving A/c
Name of the Bank and Branch : IDBI Bank
: Chalisgaon

We accept payment through all the modes such as internet banking, razor pay, pay u money, credit card, etc.



GET IN TOUCH WITH US:

THANK YOU!



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Medlife Foundation is a Non-Governmental Organization (NGO) registered (E-1487/ Jalgaon) under the Bombay Public Trust Act, 1950



मेडलाइफ
फाउंडेशन



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